

# Premium Appointments:

*"Ring us" for service!*



*CareTeam is different from other providers in that we offer a premium service option that puts our clients fully in charge!*

*Say "good-bye" to hourly requirements. You can schedule our caregivers for convenient 1, 2, or 3 hour appointments anytime you want us.*

*Just give us a ring!*

*The extra help you want, now in convenient 1 to 3 hour appointments!*

▶ ***Need Help When Taking Your Bath?***

CareTeam's Home Health Aides can give extra assistance with bathing. No more slipping on the wet floor, or fear of falling in the tub. And we'll change your bed linens, too!

▶ ***Get Around Town Or Enjoy The Outdoors!***

We can accompany you to any of your errands or appointments around town or escort you for a walk outdoors. Or if you prefer, we can run your errands while you relax at home.

▶ ***Want Assistance With Basic Household Chores?***

CareTeam's staff can help with tasks around the house that no longer seem so easy. We can assist you with grocery shopping and meal preparation, light cleaning, laundry, taking out the garbage, pet care, and more - just ask!

▶ ***A Little Companionship During The Week...***

If you just want to have some company for a short visit, we are ready to go! We can be there to share conversation or watch TV together, work on a puzzle or play games, or just simply be there so you aren't home alone all the time.

***...Or Whatever Else You Need Us To Do!***

Service is not limited to our Premium Appointments. Our staff is available up to 24 hours a day, 7 days a week! Give us a ring!



Norman / OKC (405) 364-5273  
Tulsa (918) 493-2100

[www.careteamhmc.com](http://www.careteamhmc.com)

Chickasha (405) 222-2462  
Enid (580) 237-0669